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MVP Fall West 2019 - Low Country Boil (Sat, September 21, 2019 . . . 5pm)

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Meal Coordinator: [Skip and Charlene](#) 603-888-5567

[Invite Friends](#)

Meal Location: Campsite 34, Jamaica State Park , [285 Salmon Hole Lane, Jamaica, VT 05343](#) [[view map](#)]



Notes from [Skip and Charlene](#) . . .

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Changes this year. [We're trying to spread the work around so more people help out and fewer people get overworked.](#) To that end we're asking everyone to do a little work, most tasks only require 20min to 1hr.

Each person should sign up for one item below. Target cost is \$12-\$15 per person. (Note: A price check at Market Basket in early September showed shrimp cost of \$6.99/lb for small, \$7.99 for regular, \$9.99 jumbo, and \$13.99 colossal. Sausage is about \$3.50/12oz pkg (for the good stuff), steamer clams \$49.90/lb, crawfish \$3.59/lb, king crab legs \$22.99/lb, corn-on-the-cob \$.40/ear, red potatoes \$0.89/lb,)

Non-Seafood and Veggie Options

By popular request, we'll have a few options for the folks who don't do seafood (or meat). Since we have no idea exactly how many people would prefer this, please **IM or send email to Skip** if you're part of this group so we can plan better. Our own opinion is this just leaves more of the good stuff for the rest of us. Remember, [tofu, veggie burgers, and other green stuff isn't really food, it's what food eats.](#)

Deliver all food & equipment to camp site 34.

Everything due on-site by NOON Saturday!

Please consider signing up for setup/cleanup help instead of bringing food since we've been really short on help in the past. (We've up'ed the individual food quantities this year so we can assign more people to prep/cooking/cleanup/logistics.)

Note: Jamaica State Park Rules do not allow 'selling' of food. Everyone must either bring food or volunteer to help.

Here is what to buy! Click on images for full-sized view.



Placeholder Category-Items to be moved. (Club Supplied—(This is our 2do list))

- | | | | |
|----|---------------|---|-----------------|
| 1. | Club Supplied | Brown paper roll (eating tablecloths), plastic table cloths (prep), half-dozen rolls of paper towels, contractor garbage bags, 1 gallon bags for leftovers, dessert plates for 75, torches and fuel | Change Remove |
| 2. | Club Supplied | (8) 3 oz bags of McCormick Crab Boil Seasoning, bag onions | Change Remove |
| 3. | Club Supplied | Propane Gas Bottles, plastic servers, rubber gloves, dishwashing liquid, sponges, clean-up rags, hot pads for cooking | Change Remove |
| 4. | TBD | prep tables, app/dessert serving table cutting boards, knives, 3 turkey fryer sized pots with gas and burners and the 2 largest pots to be used for dishes/ clean up | Change Remove |
| 5. | TBD | Five (5) large coolers with ice packs. | Change Remove |
| 6. | TBD | This line for admin use. | Change Remove |

Site Setup, Prep, Food Checkin (1 hr shifts, 9-3) (Help setup site, check-in food as arrives, etc.)

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|----|------------------|--------------|---|-----------------|
| 1. | Suzanne Villegas | 8023492227 | [9-10am] 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lb sweet or mild sausage. | Change Remove |
| 2. | | | [10-11am] 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 4 lbs small [ie, tiny] red potatoes. | Take |
| 3. | Kerry Whalen | 9789737267 | [11am-noon] 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs sweet or mild sausage, 8 ears corn shucked and cut into 3-inch pieces. | Change Remove |
| 4. | JEFFREY SWETT | 6032898151 | [noon-1pm] 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lb sweet or mild sausage. | Change Remove |
| 5. | Dante DiOrio | 5082070138 | [1-2pm] 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lb sweet or mild sausage. | Change Remove |
| 6. | Kathryn Gatewood | 978-880-0757 | [2-3pm] 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs sweet or mild sausage, 8 ears corn shucked and cut into 3-inch pieces. | Change Remove |

Saturday 9am Table Collection Crew (Move 3 picnic tables from sites 20, 35, 38.)

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|----|----------------|------------|---|-----------------|
| 1. | Mark Renson | 9786186994 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lb sweet or mild sausage. | Change Remove |
| 2. | Sue Walls | | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 4 lbs small [ie, tiny] red potatoes. | Change Remove |
| 3. | Kyle Whitehead | 6039386219 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 8 ears corn shucked and cut into 3-inch | Change Remove |

pieces

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|----|--------------------------------|--|---|---|
| 4. | Susie Carter | | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs sweet or mild sausage, 8 ears corn shucked and cut into 3-inch pieces. | Change Remove |
| 5. | Melanie Rausch | | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) . | Change Remove |
| 6. | Barbara Rausch | | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 4 lbs small red [ie, tiny] potatoes. | Change Remove |

Saturday 4pm Table Collection Crew (Move 4 picnic table from other club sites.)

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|----|-------------------------------------|--------------|--|---|
| 1. | Rob Mcconaghy | 2032402570 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lb sweet or mild sausage. | Change Remove |
| 2. | Molly Superchi | | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 8 ears corn shucked and cut into 3-inch pieces | Change Remove |
| 3. | Richard Mellon | 5127635566 | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) . | Change Remove |
| 4. | Dan Waslo | | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs hot sausage - (Andouille, Chorico, etc) , 8 ears corn shucked and cut into 3-inch pieces. | Change Remove |
| 5. | Christine Champagne | 6178233173 | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) . | Change Remove |
| 6. | Mike Gatewood | 978-852-1929 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 8 ears corn shucked and cut into 3-inch pieces | Change Remove |

Cooking Prep 3pm Crew (Everything ready to cook. Arrange kitchen and tables.)

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|----|--------------------------------|--------------|--|---|
| 1. | Eileen Point | 978-204-5558 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lb sweet or mild sausage. | Change Remove |
| 2. | Judy Dormer | 718-367-0626 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1 lb littleneck clams. | Change Remove |
| 3. | Scott Plympton | 781-962-4899 | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs hot sausage - (Andouille, Chorico, etc) , 8 ears corn shucked and cut into 3-inch pieces. | Change Remove |
| 4. | | | Cheese plate and dip, veggie plate/dip, tortillas/dip. | Take |
| 5. | | | cheese and cracker plate, humas and bread, fruit plate. | Take |

Cooking Meal 4pm Crew (Start actual cooking.)

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|----|--------------------------------|--------------|---|---|
| 1. | Andy Novick | 5085255530 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lbs hot sausage - (Andouille, Chorico, etc) | Change Remove |
| 2. | Claire Michaud | 9785056884 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1 lb littleneck clams. | Change Remove |
| 3. | Paula Michaud | 978-505-2314 | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs sweet or mild sausage, 8 ears corn shucked and cut into 3-inch pieces. | Change Remove |
| 4. | Cheryl Guyre | 5087365895 | Dessert: Homemade | Change Remove |
| 5. | | | 1 lb king crab legs | Take |

Early Cleanup-Pots/Stove/Big Stuff (Clean the worst of the mess.)

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|----|-------------------------------|------------|---|---|
| 1. | Andy Nitschke | 5854720066 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lbs hot sausage - (Andouille, Chorico, etc) | Change Remove |
| 2. | Sue Vollrath | 4135301032 | 1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1 lb littleneck clams. | Change Remove |

3.	Rob Point	9782393938	1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs sweet or mild sausage, 8 ears corn shucked and cut into 3-inch pieces.	Change Remove
4.	Mary Sabelli	508-654-0060	Wedding Sheet Cake (in honor of Ally/Mikey and Mary/Andy!)	Change Remove
5.	Phil Bartels	3392230992	Dessert—Three (3) Medium Sized Pies.	Change Remove

Final Sat Night Cleanup (Get everything ready to pack up.)

1.	Phil Morrow	9788863422	1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lbs hot sausage - (Andouille, Chorico, etc)	Change Remove
2.	Lori Morrow	9788869553	1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1 lb littleneck clams.	Change Remove
3.	Patrick Morrow	9784756453	1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs hot sausage - (Andouille, Chorico, etc) , 8 ears corn shucked and cut into 3-inch pieces.	Change Remove
4.	DANIEL JARMOLOWICZ	9785006291	Large cooler full of ice plus misc soda, coke, juices, tea, etc.	Change Remove
5.	Robert Hill	5402524901	Happy Hour: (6) pkgs of brownies, cookies, etc, (~30 large or ~100 small)	Change Remove

Saturday 8pm Table Return Crew (All except 3 tables)

1.	Harish Reddy	6173598287	1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), plus 1-1/2 lbs hot sausage - (Andouille, Chorico, etc)	Change Remove
2.	Peter Nolan	6099034323	1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 8 ears corn shucked and cut into 3-inch pieces	Change Remove
3.	Peter Urban	9784076551	1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) .	Change Remove
4.	Sharon McElroy	978-302-8972	1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 3/4 lbs hot sausage - (Andouille, Chorico, etc) , 8 ears corn shucked and cut into 3-inch pieces.	Change Remove
5.	AJ Zahn	4148394738	1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 8 ears corn shucked and cut into 3-inch pieces	Change Remove
6.	Sean Dougherty	6032352788	1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) .	Change Remove
7.	Alan Darling	802-348-6365	firewood [LOCAL VERMONT], 1/16th cord (that's 8 cubic feet in boater language).	Change Remove
8.	Alan Bartels	3392230993	apricot squares	Change Remove
9.	TBD		this line for admin use	Change Remove

Sunday 9am Table Return Crew (Last tables)

1.	scott mabel	6175138588	1lb frozen UNCOOKED (the grey color, NOT pink) shrimp (see photo above), 1/2 lb littleneck clams, 4 lbs small [ie, tiny] red potatoes.	Change Remove
2.	Cameron Brown	5086887160	Paper plates/cups/napkins for 80 people, plastic utensils for 40	Change Remove
3.	Marc Dempsey	413-563-1598	1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) .	Change Remove
4.	Denise Dieli	8603062998	1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) .	Change Remove

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|----|--------------------------------|------------|--|---|
| 5. | Henry Herrmann | 7038502469 | 1lb frozen UNCOOKED (the grey color, NOT ping) shrimp (see photo above), 1-1/2 lb crawfish (available at McKinnon's, Price Chopper, & Market Basket) . | Change Remove |
| 6. | Sally Herrmann | 7037868953 | Large cooler full of ice plus misc soda, coke, juices, tea, etc. | Change Remove |

Sunday 9am Teardown/Packing Crews (Put in piles ready to load into cars/trucks.)

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|----|------------------------------------|--------------|--|---|
| 1. | Marlene Kim | 6179329153 | No Food-It's hard enough to get people to do this. | Change Remove |
| 2. | Lynne Wholley | 978-766-5706 | No Food-It's hard enough to get people to do this. | Change Remove |
| 3. | John Gonsalves III | 9783026682 | No Food-It's hard enough to get people to do this. | Change Remove |
| 4. | Caitlin Whelan | 6172815807 | No Food-It's hard enough to get people to do this. | Change Remove |

Logistics & Transport Crew (Pickup/Return Equipment to Nashua, NH; (4) loads, each will fill a back seat or 1/2 pickup.)

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|----|----------------------------|--|--|---|
| 1. | Jeff Swett | | No Food-It's hard enough to get people to do this. Club contributes gas money. | Change Remove |
| 2. | | | No Food-It's hard enough to get people to do this. Club contributes gas money. | Take |
| 3. | | | No Food-It's hard enough to get people to do this. Club contributes gas money. | Take |
| 4. | | | No Food-It's hard enough to get people to do this. Club contributes gas money. | Take |

Other Jobs (TBD) (Sign up for this item, and then pick a job above to help with.)

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|----|------------|--|---|---|
| 1. | | | 5 bags chips, 2 containers dip or selsa , large veggie plate. | Take |
| 2. | | | 1 lb king crab legs, | Take |
| 3. | do not use | | the line for admin use | Change Remove |
| 4. | do not use | | this line for admin use | Change Remove |